

48-Hour Working Week Agreement Form

I,, hereby confirm my decision regarding the 48-hour working week limit as permitted by the UK Agency Workers Regulations (AWR).

Opt-In Information

I understand that the standard working week in the UK is limited to 48 hours, averaged over a reference period of [Reference Period, e.g., 17 weeks], including any overtime that may be required of me. I voluntarily choose not to work more than 48 hours per week. This decision is entirely my choice and will not affect my position, benefits, or standing within Nova Healthcare Services Ltd. By signing this agreement, I confirm that I have read and understood my rights and responsibilities under the AWR and that I willingly choose to opt-in to the 48-hour working week limit.

Opt-Out Information

The Working Time Regulations 1998 (as amended) provide that the Employee shall only work on an Assignment with the Client above the Working Week if they agree in writing that this limit should not apply. By signing this agreement, I agree that the 48-hour working week limit shall not apply to the Assignment. I understand that I can end this agreement by giving the Company 4 weeks' notice in writing, after which the Working Week limit will apply immediately.

Please select one of the following options

- Opt-In** (I choose to not work more than 48 hours per week)
- Opt-out** (I agree that the 48-hour working week limit shall not apply to my assignments)

Name:

Date:

Signature



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